

Absolute Insight



Paul's Piece



Opening Hours

Did you know that we are open from **8.00am** weekdays, one week we close at **5.00pm**, the next week we close at **7.00pm**. The practice is closed on the week-ends.

The most popular times for patients are 8am and anytime after 3pm. If you'd like these times, you may want to consider booking ahead to get the most suitable time.



Welcome to our first newsletter for 2020. As I write this article I can't believe that we are nearly at the end of summer already and that we have just had nearly 350mm of rain in a week. Feels like we are back to the good old days of rain during summer especially at ten to three just as we were about to leave school for the day.

What is even harder to comprehend is the extremities of our wonderful Nation. Bush fires one week followed by flooding in those same areas the next. Maybe the fire catastrophe could have been avoided if we went to selective back burning on a rotational basis every couple of years just like what happened when I was a child. Our Aboriginals certainly did and their philosophy was correct. The back burns not only prevented the huge fires but they caused regeneration of the forests for food for themselves and the native wildlife and it kept the weeds down. The fires we have seen recently have totally destroyed some areas and regeneration will

take decades. Many other aboriginal cultures backburned. Us white fellas have a lot to learn.

I would like to welcome back Coralie as she returns from maternity leave after having Ryan. (See later in this newsletter.) It is great to have Coralie back. She has been with us for nearly 11 years now!

We would also like to welcome Dr Angela Chen to our practice. Angela graduated from the University of Queensland last year. We have been looking for a high calibre graduate for some time and Angela had both the personal and technical skills we were after. She is available to take new patients and to find out more about her, see our website and later in this article.

I have also been working hard with my business coach, Angus Pryor, to further develop myself and better the business. Thanks to Angus he has pushed me into some new ways of thinking.

One of those areas is I have now produced a number of videos. Now I hated being in the front of a camera but now I am no longer afraid. I overcame my fear by facing it. The videos I have produced are educational, some are hot seats where we find out more about our staff, and some are testimonials from some of our awesome patients. Go to our website to see these.

One other new initiative is our referral system. We are always looking for new patients (especially now we have Angela). We love helping people in the community to have a positive experience. If you refer your family or friends, you go into a draw for a wonderful prize. This quarter it is for an iPhone 11. We consider a personal referral of your family and friends the highest compliment that can ever give us.

Thank you for your trust and confidence and helping us to help others.

Until next time, take care.

Paul

Attention Parents: Is your child eligible for **FREE** dental?

Did you know the Medicare Scheme in Australia can pay some / all of your child's dental treatment?

At Absolute Dental, we are government-approved to provide this service:

- Your child must be 2 to 17 years old for at least 1 day of the year
- Your child must be eligible for Medicare (you must be getting a payment from the government at least once a year)

Visiting a dentist from an early age will ensure healthy gums, lips and generally good oral hygiene. Even if no obvious problems are present, a visit today could prevent serious cost and unnecessary pain for your child later on.

"My family and I have been coming to see Paul and the team at Absolute Dental Care for more than 10 years. My 6-year-old has been in the chair since the age of 2. I can highly recommend Paul for his exceptional work with kids - my child looks forward to coming and now so do the younger cousins!"

Sandra, Taringa.

At our appointments, we help with correct brushing techniques, check bite and tooth development, help stop habits such as thumb sucking. We prevent decay and provide nutritional advice to keep teeth and gums healthy.

We're highly experienced at helping kids feel comfortable and relaxed. So why wait? Call us today!



Do I need a crown?

Teeth face a number of risks each day - chewing, bruxism and trauma to name a few. Many people will experience a broken tooth over the course of their lives. Fortunately, tooth damage tooth does not mean the end of a beautiful and functioning smile. Dental crowns provide a natural-looking solution that helps with normal speech and eating, as well as give you your smile back.

Click on the link to find out more: <https://www.absolutedentalcare.com.au/Services/Taringa-Crowns-and-Bridges/17739>

Take a virtual tour of our practice!!

We have now been in our new home for over a year now!!! How time flies! We are loving the new rooms and flow.

Click on the link to check out our new premises.

<https://www.youtube.com/watch?v=F-UPL9Ubr8U&feature=youtu.be>

Everything to know about Coronavirus

Recent media coverage has highlighted the emergence of a novel coronavirus (nCoV) that originated in a food market in Wuhan, China in December 2019 before spreading globally, including Australia. Symptoms onset of confirmed nCoV cases began as early as 8 December 2019 with the cluster of infection first reported publicly on 31 December 2019. Cases of infected people spreading the disease from Wuhan, have already been reported in Australia (five confirmed cases as of Tuesday, 28 January) as well as in Hong Kong, the USA, Japan, Singapore, South Korea and Thailand. As of Tuesday 28th January, the death toll had reached 106 people.

What is the Coronavirus infections?

Human coronaviruses can cause serious illnesses involving the lower respiratory tract, such as pneumonia. The major clinical signs and symptoms of nCoV infection are fever, coughing, and shortness of breath. Serious cases can progress to pneumonia and kidney failure. More serious infections occur in older adults, infants and medically frail and immune compromised patients. Deaths from nCoV to date (at least 17 as of 22 January) have occurred mostly in patients with serious underlying medical conditions.

What to do?

If you have a fever or have a history of fevers and acute respiratory infections (shortness of breath or cough or sore throat), stay home and rest. If symptoms persist, consult a medical professional. If you have a severe acute respiratory infection without fever, you may be requiring hospitalisation.

Welcome Back Coralie!!!

As many of our lovely patients know Coralie, what some of you don't know is Coralie has been with us for 11 years. Coralie rejoined us back at the ADC team at the start of this year from maternity leave. We do admit that it was hard not having her in the workplace but we are so excited to see her face as we walk in. At the moment, Coralie is only back two days a week (we cant take her away too much from the little bubba), so if your lucky, you might get to say her face too! Coralie and Jason would like to introduce little baby Ryan to the world. Isn't he just adorable!!!



CONGRATULATIONS BEN !!!

Ben was the winner of our 'night on us' draw. Ben kindly referred several of his family and friends and will now enjoy a dinner for two at the Sake Restaurant including transfers (value up to \$450). Thank you Ben! We hope you have a great night!



We love Google Reviews. Please do us a huge favour and leave us a Google Review

Win an iPhone 11 on us!



We always love taking care of you, your family and friends.

This is what we are all about, helping our patients on the road to better dental health.

We want to take more responsibility for the dental health of people in our community.

The best way to do that is to get the word out via our existing patients.

So, for every new patient you refer to us, you go into the draw to **win an iPhone 11 64GB worth \$1199!**

Ends 30th April 2020, Drawn 5th May 2020. Winner announced on our Facebook page.

<https://www.facebook.com/absolutedentalcaretaringa/>

Welcome Angela!!

Hailing from Sydney but now fully converted to a Sunshine State local, Dr Angela Chen joined Absolute Dental Care at the end of 2019.

She graduated from the University of Queensland with Honors.

Angela knew she wanted to be a dentist in high school, as dentistry was the perfect combination of health science, hand dexterity and interpersonal communication.

Gentle and caring, Angela strives to give the best possible treatment to patients and have them walk out of the room with a smile. She prides herself on attention to detail and patience.

Angela is passionate about conservative, pain-free dentistry and committed to continually improving her knowledge and skills with education courses.

She has practiced in Hervey Bay, Dalby and around Brisbane. Angela also volunteers to the homeless, refugee and disadvantaged populations in her spare time.

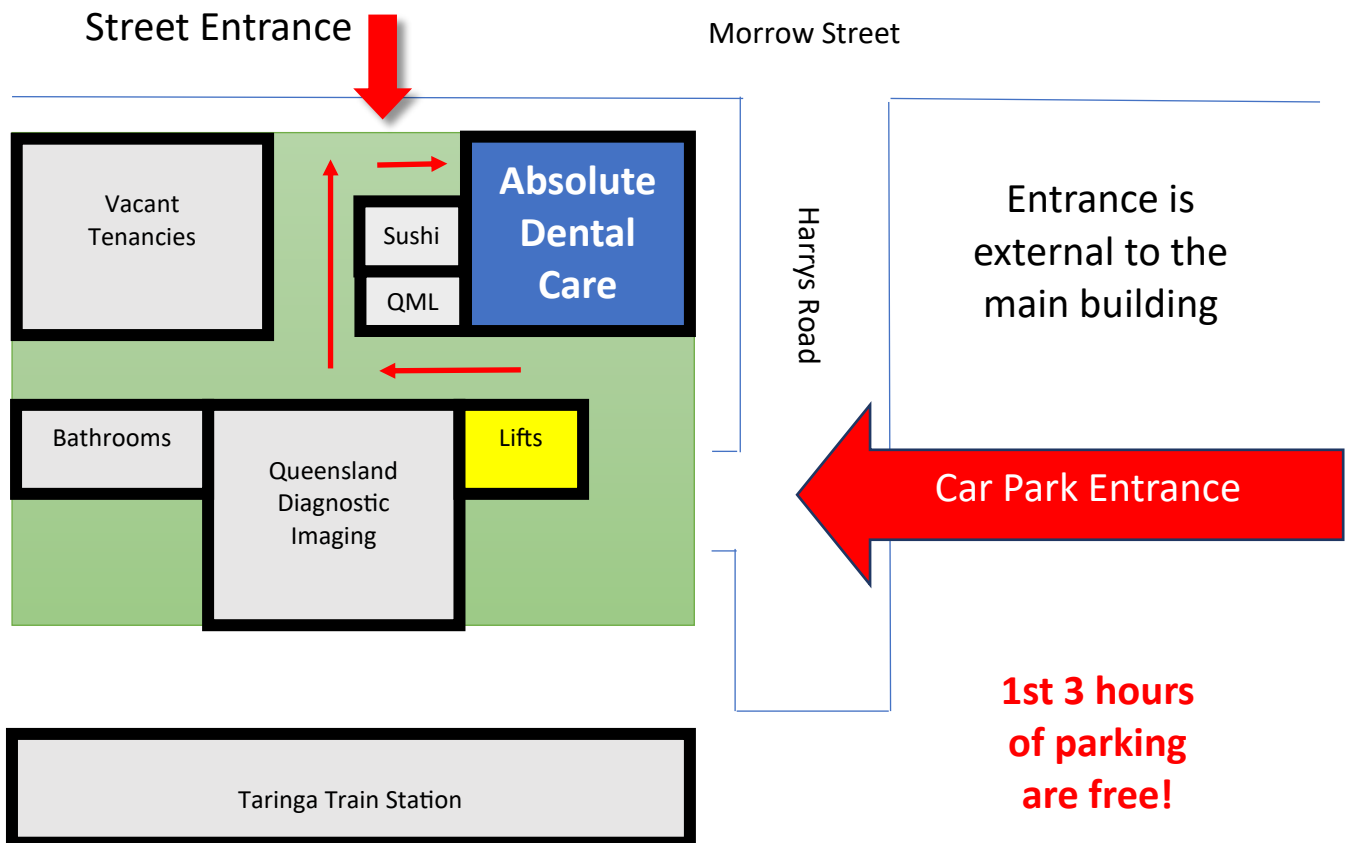
Outside of the clinic, Angela is often found exercising at the gym, local swimming pool or eating at a local café with friends. She loves being outdoors and playing social sports such as soccer and netball. Angela can also speak Mandarin and is constantly trying to learn

new words, though the vocabulary seems limitless!

Welcome to the team!



Where to find us!



Take the lift to "Ground" floor.

We have **3 reserved car parks** for Absolute Dental Care patients.

These car parks are located near the lifts on **B2**.

